



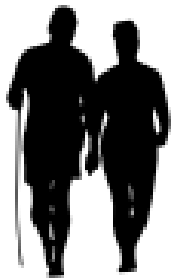
CAPITOL VOLKSSPORT CLUB OCTOBER – NOVEMBER 2021 NEWSLETTER

Autumn is loaded with fabulous opportunities to walk and explore the beautiful fall colors of the Northwest. Don't let cooler temperatures and a few raindrops deter you. With the right clothing and preparation, almost any type of weather can be walking weather. A good rain jacket to keep you dry and layers that can be added or removed will keep you comfortable on fall and winter walks. Read on for many fun and interesting walks coming up in this issue of your newsletter as well as CVC club news:

- CVC Where the Salmon Run Guided Walk this Saturday, October 2, 2021 in Tumwater
- CVC Monday walk time returns to the 2:00 start time until next May, 2022.
- Halloween walks in Olympia and Carnation, WA
- CVC Christmas Walk in December
- Wild & Woodsy: news and updates about the upcoming CVC event in April of 2022
- Upcoming walking adventures near & far
- Submissions to next CVC Newsletter due November 24, 2021



WELCOME TO OUR NEW CVC MEMBERS!



Brett Westbrook
Kathy Brown
Steven Gear
Corrie Schibig



*I'm so glad I live in a world where there are Octobers.
– L.M. Montgomery, Anne of Green Gables*



Capitol Volkssport Club Walks and News

Where the Salmon Run, Saturday, October 2, 2021



Join us for our guided walk! Register by 9:50 a.m. at the Walk Start Point: Tumwater Falls Park, 110 Deschutes Way SW, Tumwater / On the corner of "C" Street and Deschutes Pkwy. Choose a 5K or 10K guided walk. Enjoy watching the salmon run and listen to a short history on the **NEWLY REMODELED** salmon hatchery operations by a Washington Department of Fish & Wildlife representative. 10K Walkers will walk around Capitol Lake to the Capitol and meet with a Capitol Building docent who will give a short talk on the Capitol building. Enjoy vistas along the Deschutes River, the Capitol campus, Port of Olympia, the South Capitol Neighborhood Historic District and the Old Olympia Brewery!

CVC Monday Afternoon Walks Resume

The Monday walk time has changed to 2:00 pm until May 2022. The meeting place is Bayview Market 516 4th Ave W, Olympia. Meet at 1:45 pm for a 2:00 pm walk departure. Meeting for walk sign-in is outside the left side of the store at a picnic table, weather permitting. In inclement weather, walks sign-in will move just inside the Bayview main entrance. Masks and distancing are part of the protocol.

CVC Capitol Holiday Walk, Saturday, December 11, 2021

Get into the holiday spirit by walking through Olympia during the Christmas season. Walk along the waterfront, through the Capitol Campus and Eastside neighborhoods, and the Olympia Farmers Market. The starting point is the Harbor House located on the waterfront boardwalk: 217 Thurston Avenue NW, Olympia. Start time is 10:00 am to noon and finish time is 3:00 pm.



Halloween Monday Walk, on Monday November 1, 2021



There will be a special Halloween and art-themed walk on Monday, November 1, 2021. This will take place during the regularly scheduled Monday afternoon walk which starts at Bayview Market. The walk will begin at 2:00 pm, sign-in at 1:45 pm. Olympia Arts Walk is once again going to have month-long installations in some downtown windows, and many South Capitol homes will still have their Halloween decorations up.



More CVC Walks and News

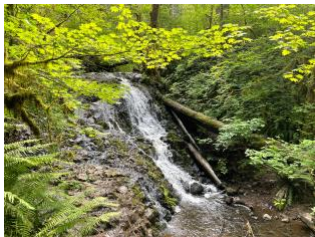
WHERE CAN YOU WALK? WHEN? Upcoming walks and events

We encourage **ALL** our members to get out and walk! Where can you walk you ask? **We have a great website which lists all our walks and bike rides.** For complete information as to where our weekly and year around walks are, when they start and directions to the start point **check out our website:**

www.capitolvolkssportclub.org



Congratulations to Chase Davis for walking all the Washington State Year-Round and Seasonal events between 2017 and August 2021!



Wild and Woodsy

Our CVC Event to Showcase our Beautiful South Sound Area
April 22 -24, 2022

Event Registration is now open on the CVC website:

https://capitolvolkssportclub.org/cvc_specialevents/wild&woodsy_2022_se_pix/w&w_reg_form.pdf

This three-day event will include walks in the Olympic National Forest, the Olympic National Park, state and city parks, and local neighborhoods. The event will include a Meet & Greet and an event dinner at the Rivers Edge Restaurant in Tumwater.

*Only one who wanders finds new paths.
– Norwegian proverb*

UPCOMING WALKING OPPORTUNITIES NEAR & FAR

Remlinger Farms Halloween Walk, Saturday, October 30, 2021 Carnation, Washington

Join in this walk to celebrate Halloween! Take in the autumn colors on this beautiful walk, which starts at Remlinger Farms, and continues along the Snoqualmie Valley Trail, through the quaint downtown of Carnation, to finish back at Remlinger Farms. Be creative and dress up in your Halloween costume – there will be prizes! Start time is 9:00 am and finish is by 3:00 pm. Visit the Emerald City Wanderers website for more information and driving directions -

<http://www.emeraldcitywanderers.org>



Turkey Trot, Saturday, November 27, 2021 Edmonds, Washington

Walk on paved surfaces on two different 5K routes. One 5K route takes you to the waterfront and ferry terminal and returns through the Main Street business section. The second 5K route includes beautiful views of Puget Sound and the Olympic Mountains. Start time is 9:00 am to 10:30 am. Donations of non-perishable food items for the Edmonds Foodbank are appreciated. See the Sound Steppers website for driving directions and more information:

<https://www.soundsteppers.org/schedule-walking-invitations/>

New Years Walks, December 31, 2021 & January 1, 2022 West Seattle, Washington

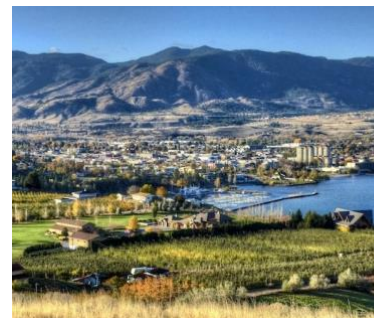
Bid 2021 farewell with a scenic walk on New Year's Eve in West Seattle. You'll enjoy holiday lights and decorations in residential and business neighborhoods, along with great nighttime views of downtown Seattle, Magnolia and ship traffic across Puget Sound and Elliott Bay. Then return in the morning on New Year's Day for a separate event to start the year off right. There will be different routes for this event. This walk is hosted by the Emerald City Wanderers. More information will be available at their website closer to the walk dates: <http://www.emeraldcitywanderers.org/new-years/>



Canadian Volkssport Federation Festival Penticton, British Columbia, Canada, May 27-29, 2022

Five spectacular walks are scheduled, showcasing the beautiful area in and around Penticton. Rolling vineyards and wine tours, craft beer scene, sparkling lakes, golden beaches, vast mountain ranges and one of the best year-round climates in Canada are just a few of the things that entice people to Penticton. A Meet & Greet is scheduled for Friday evening and a banquet will be held Saturday evening. Visit the CVF website for more information and registration:

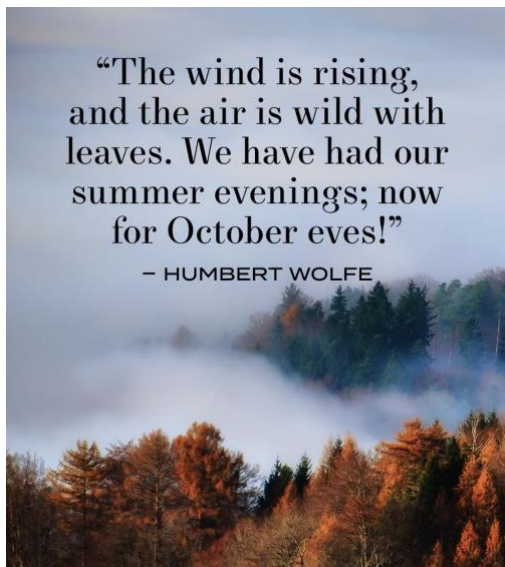
<http://walks.ca/cvf-fcv-2022-festival/>



Northwest Regional Conference in Ashland, Oregon, June 16-19, 2022

Travel to southern Oregon for walking adventures, hiking, biking and swimming in June of 2022. This fun event will provide daily featured walks in Ashland, Jacksonville, Medford, and Casey State Park. It is hosted by the Oregon Trail State Volkssporting Association and Rogue Valley Walkers. Also offered are 3 self-guided challenge hikes in the Rogue River Gorge, Grizzly Peak, and Mount Ashland Meadows, a peaceful bike along the Bear Creek Greenway, and a swim. A Meet & Greet is planned for June 16 and a banquet is scheduled for June 18. Visit the event website for more information and registration:

<https://www.walking4fun.org/nw-region-conf-2022.html>



Remember - A great way to find out about all the walks coming up in our region is by subscribing to *THE NORTHWEST PATHFINDER*,

Washington & Oregon's Premier Event Newsletter

*The Northwest Pathfinder is the official newsletter of the **Pathfinder Volkssport Club of the Northwest** published bimonthly with information about upcoming events in both Washington and Oregon. It contains a wealth of information about volkssporting including awards, credit, trail ratings, member clubs and their officers, and an event locator map.*

The newsletter is sent to all Active and Associate Members of the Pathfinder Volkssport Club of the Northwest. Annual membership dues are \$14.00

For more information or to subscribe to The Northwest Pathfinder, contact:

*The Northwest Pathfinder
4430 S. 263rd Street
Kent, WA 98032-7159*

or www.esva.online/nw-pathfinder-home-delivery/





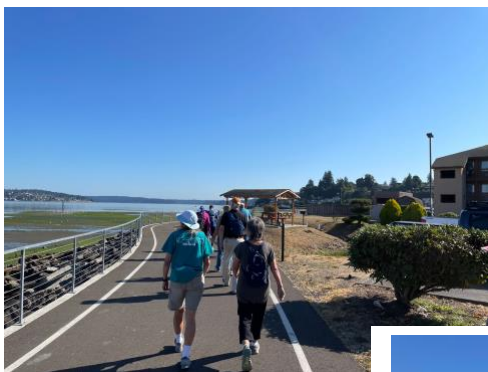
Capitol Volkssport Club Officers and contact information:

President:	position vacant		
Vice-President:	Julie Heath	(360) 264-4670	E-mail: ijheath@comcast.net
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Treasurer:	Pamela Davis	(360) 790-9733	E-mail: greigenterprises@msn.com
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Meetup.com administrator and <i>Pathfinder</i> Editor:	Chase Davis	(360) 584-6446	E-mail: NWPPathfinder@comcast.net
Print Media Chair:	position vacant		



Safety Reminder: When walking with a Volkssport group walk, please notify other walkers if you choose to leave the group, return early or need assistance. This is for your safety and the peace of mind of your fellow walkers.

On the Trail with Capitol Volkssport members....



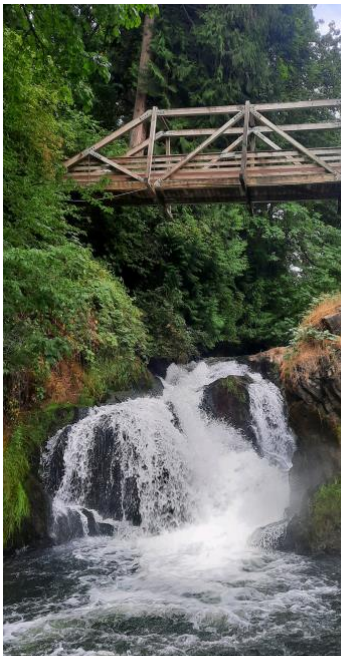
Summer Walking in Port Orchard & Bremerton





*Autumn is a second spring when every leaf is a flower.
- Albert Camus*

Tumwater Falls is always a good choice in September.



Beautiful Port Ludlow! If you missed this August walk, you'll have more opportunities. It becomes a Year-round walk in January, 2022!



Enjoying the lovely historic homes of Lewis County....

The Birge house in Centralia & Halloween fun in Chehalis



The Salute to Central Oregon in Bend, OR



Nisqually on a sunny morning



Proofing the Wild & Woodsy Walks: Staircase, Hawks Prairie Neighborhood, & Five Friendly Parks



Thanks for the photo submissions: Liz Morrison, Julie Heath, Jeanne Allan, Melanie Peters, Jim Elder, & Carol Froelich