



Capitol Volkssport Club Newsletter June-July 2022

President's Message Submitted by Karen Younkings, President, Capitol Volkssport Club



Last year, as we finally began to come out of the “lock-down” CVC had many changes. I would like to thank all the people who took leadership responsibilities during the pandemic. Julie Heath did double duty as President and Vice President from the time Holly Spaulding, our past president, moved to Florida. I took over in November as President with a very large learning curve involved. Sheila Morrison took over as membership chairperson. David Black was our secretary, Liz Morrison was the ESA representative, and Pam Greig Davis was our treasurer.

Thanks go out to all of you who helped make Wild and Woodsy in Washington a terrific success on April 22 - 24. Creating the walks and hikes, having workers' walks, advertising everywhere, working at the start point at the Washington Association of Sheriffs & Police Chiefs, participating in the Meet and Greet and Dinner Buffet, joining with many people at Northwest Trek, providing snacks, and all the other bits and pieces wouldn't have happened if it hadn't been for many, many Capitol Volkssport Club members!!!

We had a debriefing meeting in early May and many people contributed comments about the great parts of our multi-day event and lessons learned. Hopefully, if we decide to do another event in a couple years we will use this advice. We greatly appreciate our chairperson, Pam Greig Davis, who kept us on track with monthly zoom meetings. She kept track of all the registrants, venues, money, and the million other bits and pieces involved.

In May Jim and I spent some time in Eugene, Oregon, attending a model railroad convention. While there we did several walks in the area. Our picture today is at Cottage Grove, Oregon, where we walked through the Chambers Covered Railroad Bridge. In the years since the Oregon, Pacific & Eastern Railroad ceased operations the bridge had fallen into disrepair. In 2000 a massive effort was made to completely reconstruct the bridge. This is the only remaining railroad covered bridge in Oregon and possibly west of the Mississippi.

Capitol Volkssport Club News

CVC 2022-23 Annual Club Dues Renewal Time!

It's that time again! July 1st begins a new membership year. Dues can be mailed to Sheila Morrison at any time or given to Sheila in person at a walk, club meeting or at the annual picnic in August. If you are paying in cash, Sheila would like to have it in an envelope with your name on the front. Dues become delinquent on September 30th.

Just a reminder that dues are as follows:

- \$8 for members under 55
- \$6 for members over 55
- \$12 for a family membership

Mailing address: Sheila Morrison, 6634 Milano Ct SE, Olympia, WA 98513

CVC's "The Great Mailbox Scavenger Hunt" Winners:



- | | |
|------------------|--------------------|
| Chase Davis | Barb Malone |
| Pam Davis | Tom Malone |
| Diane Evans | Bonnie Tucker (2) |
| Julie Heath | Carolyn Warhol (2) |
| Rosemarie Hirsch | Nancy Wittenberg |
| Karen Younkins | |

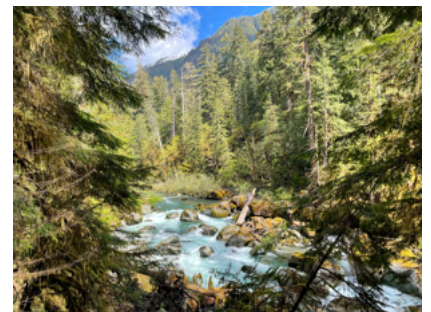


This was a scavenger hunt walking challenge that was sponsored by the Capitol Volkssport Club. The challenge was free to anyone who wanted to participate, and it ran from 5/01/21 to 4/30/22.

If you are sorry to have missed it, you will get a chance to participate in the new scavenger hunt challenge. We are going to discuss the new challenge at the CVC's monthly meeting on Thursday, June 9th. Bring your ideas!

Staircase Rapids Hike Update

The Staircase Rapids hike was originally scheduled as one of our Wild & Woodsy walks, but had to be cancelled due to a weather-related trail closure. The trail is open again and ready for you. The Staircase Rapids hike has been added to our CVC collection of walks for **July 1 through September 30, 2022**. Maps, walk directions, and waiver forms will be found in the Shelton walk box at the Shelton Fred Meyer, 301 E Wallace Kneeland Blvd, Shelton, WA



More CVC Club News & Activities



Save the Date! You're Invited!

**Capitol Volkssport Club's
Summer Picnic!
There will be a 5K Loop
Walk – (optional)!**



When: Thursday, August 11th 2022: 4-9:00 p.m.

Walk registration will be on site. We will leave on the walk at 4:30 and eat dinner at 6:00

Picnic Details: Information will follow

Where: Priest Point Park, (Picnic Shelter #1)
2600 East Bay Dr. NE, Olympia, WA

WE WELCOME OUR NEW CVC MEMBERS!



Brandy Bowers
Tim and Cheryl Fisher
Kim Henderson
Eleonora Hutchins

Kassie Koledin
Rosemary McVey
Keith Phillips
Crystal Ramey



We look forward to seeing you on the trail!

Capitol Volkssport Club Walks

Don't Forget CVC Tuesday Evening Walks!

The walks will be 10K or 5K through roughly the end of August, after which time they will be 5K only due to decreasing daylight. The start points for these walks can be found on the CVC website.

Check out the [Capitol Volkssport Webpage](#) for other upcoming CVC walking adventures in Westport, Montesano, Millersylvania St Park, Tenino, and more in June & July.

www.capitolvolkssportclub.org

Important Update on the Olympia – Evergreen State College Walk

There is no longer free parking at Evergreen State College. Please look for a kiosk in the parking lot to pay, if there is no one in the ticket booth to collect payment, to avoid receiving a ticket!



Beverly Bridge / Palouse to Cascades State Park Trail By Barb Malone

On April 8, Tom and I attended the opening dedication of the Beverly Bridge spanning the Columbia River near Vantage. State Parks promised the ceremony would be held regardless of weather conditions. So of course, we had very strong winds with gusts up to 60 mph. The winds made for a very exciting walk over the bridge and back. Dignitaries that day included Governor Jay Inslee, Ralph Monroe, the Buck family representing the Wanapum tribe, State Park officials, Washington Horse Riders, Cascade Trail Coalition (bike riders) and the Department of Archeology and Historic Preservation. Music for the ceremony was provided by the Mattawa High School Band who were first to lead the walk over the bridge. The 3000 ft bridge provides a critical link on the Palouse to Cascades State Park Trail for pedestrians, cyclists and horse riders. Pedestrians are no longer required to make the crossing over the I-90 bridge at Vantage. To date 285 miles of the trail system have been completed across our state. It will eventually connect to the Great American Rail Trail to make a 3700-mile corridor...the longest rail trail in the nation. Originally the bridge was part of the Chicago, Milwaukee, St. Paul and Pacific Railway built in 1909. Called the "Milwaukee Road", it connected Chicago to Tacoma. It was used by one of the first electric trains. Beverly Bridge was taken out of service by 1980 and was added to the National Register of Historic Places in 1982.



FUTURE EVENTS

PLAN AHEAD FOR THESE WALKING ADVENTURES NEAR & FAR



Northwest Regional Conference in Ashland, Oregon June 16-19, 2022

Travel to southern Oregon for walking adventures, hiking, biking and swimming in June of 2022. The event is hosted by the Oregon Trail State Volkssporting Association and Rogue Valley Walkers. A variety of walks and challenge hikes will be offered as well as a swim. Visit the event website for more information and registration: <https://www.walking4fun.org/nw-region-conf-2022.html>

Northwest Hiking Weekend in Port Ludlow, WA: August 19-21, 2022

One walk will be an all-new route on Port Ludlow's extensive trail system including wooded trails around Teal Lake and (on the 10K route) the Port Ludlow golf course and DNR trails. There will be 2 other routes offered in the same area during the 3-day weekend, and there is also a YRE route in Port Ludlow available. For more information visit:

<https://fourplushikers.weebly.com/nw-hiking-weekend.html>



Winthrop & Cascade Loop Multi-day Event September 30 – October 2, 2022

Hosted by the Interlaken Trailblazers

Hikes & Walks: Rainy Pass/Maple Pass, Blue Lake, Mazama, Winthrop town walk & more.

Check the Interlaken Trailblazers website for updates:

<http://www.interlakentrailblazers.org>

Save the Date!

Where the Salmon Run, our Annual CVC event in Tumwater – Saturday, October 15, 2022

Capitol Volkssport Christmas Party at the Jacob Smith House in Lacey – Thursday, December 8, 2022

CVC 2022 Holiday Walk in Olympia – Saturday, December 10, 2022

A TURN OR TWO I'LL WALK, TO STILL MY BEATING MIND.

—Prospero, *The Tempest*





Remember - A great way to find out about all the walks coming up in our region is by subscribing to *THE NORTHWEST PATHFINDER*

Washington & Oregon's Premier Event Newsletter

The Northwest Pathfinder is the official newsletter of the **Pathfinder Volkssport Club of the Northwest** published bimonthly with information about upcoming events in both Washington and Oregon. It contains a wealth of information about volkssporting including awards, credit, trail ratings, member clubs and their officers, and an event locator map.

The newsletter is sent to all Active and Associate Members of the Pathfinder Volkssport Club of the Northwest. Annual membership dues are \$14.00.

For more information or to subscribe to The Northwest Pathfinder, contact:



The Northwest Pathfinder
4430 S. 263rd Street
Kent, WA 98032-7159

or www.esva.online/nw-pathfinder-home-delivery/

SAVE THE DATE

18th IVV Olympiad and IML Texas Trail Roundup

2023
18th OLYMPIAD
SAN ANTONIO, TEXAS USA

February 19-23, 2023/IVV Olympiad
February 24-26, 2023/IML Texas Trail Roundup

Seven glorious days of walking, biking and swimming including the world-famous Riverwalk and World Heritage missions. Then, enjoy a uniquely American experience at the award winning San Antonio Stock & Rodeo Show!

IVVOlympiad2023.org

Capitol Volkssport Club Officers and contact information:

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CVC PHOTO GALLERY



Hooray! Bonnie completes her 100th walk of the year on the Chehalis Historical walk in June with Liz



Damon Point walkers enjoy some coastal sunshine



The Seattle Arboretum has lots to admire



Olympia waterfront walkers enjoy historical ship



Springtime beauty in Spanaway



Tumwater Falls on a sunny Monday. Anyone see Mert?

A pre-Wild & Woodsy walk in Tumwater brought together old friends.



Lots of Mother Nature's wonders to admire in Watershed Park.

**I have two doctors, my left leg and my right.
— G. M. Trevelyan**

CVC Wild & Woodsy Event

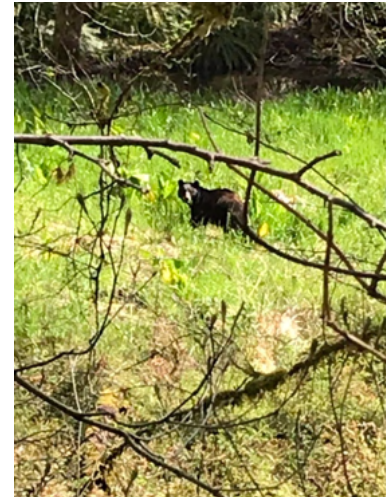
Event Walkers....



**Five
Friendly
Parks**



**Mima Falls
Trail
walkers.
The bear
didn't
register for
the walk.**



Millersylvania Walkers enjoying nature.



Wild & Woodsy Volunteers



Wild & Woodsy Diners

