

Capitol Volkssport Club
Wild and Woodsy in Washington
Thursday, April 25, 2024 through Sunday, April 28, 2024

Please complete both sides of this form. **One person per form.**

Descriptions of all the walks and dinner menu are available at www.capitolvolkssportclub.org

First Name: _____ Last Name: _____

Address: _____

City: _____ State/Province: _____

Zip/Postal Code: _____ Telephone: _____

Email: _____

Please note: Friday night Meet-and-Greet and Saturday night dinner reservations are limited to the FIRST 120 people to register and send payment. Registration form must be mailed by March 31, 2024.

You can purchase as many Northwest Trek tickets as you would like at this reduced price! Please see the form below for the different prices based on age. Admission to the wildlife park is normally \$25 at the gate and \$22 online. You can bring as many guests as you like at this reduced group rate, however, each participant will need to fill out a separate registration and waiver form.

Please put an “X” next to all of the activities you are registering for at this time.

			Total:
X	Registration for Wild and Woodsy in WA	No charge	No charge
	Thursday Night Pub Crawl – group walk at 4:00 PM	\$3 walking fee (drinks extra)	
	Friday Night Meet-and-Greet – 6:00 to 10:00 PM Appetizers provided and a no-host bar	\$10 (drinks extra)	
	Saturday Night Dinner Buffet – doors open at 6:00 PM Please choose ONE of the following entrees:		
	Miso Glazed Grilled Salmon		
	Marinated Flank Steak w/ Mushroom Demi Glaze	\$37	
	Pan-Seared Rosemary Chicken w/ Cream Sauce		
	Vegetable Pasta Cavatappi (Vegetarian option)		
	Sunday Group Walk at Northwest Trek – start table time – 9:30 AM to 12:30 PM. Tickets are good all day. Park closes at 4:30 PM.	\$15 – Adults (13+) \$11 – Seniors (65+) \$9 – Youth (5-12) \$6 – Tots (3-4)	
	Northwest Trek Ticket Walking Fee	\$3 walking fee	
	TOTAL PRICE FOR EVENT:		

For registration, please make checks (in US Funds) payable to: Capitol Volkssport Club
Mail to: Pam Greig-Davis, 6623 Riviera Ct. SE, Lacey, WA 98513

Registration for all the walks will be available 4/22/24 – 5/03/24 using the Online Start Box (OSB) at my.ava.org. Registration is also available at the event start point (PSB) – 4/25/24 – 4/28/24

Please use **either** the Online Start Box (OSB) **or** in-person event registration (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

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Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in American Volkssport Association (AVA) volkssporting programs and related events and activities, the undersigned:

1. Agrees that before or during my or my minor child's participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate;
2. Acknowledges and fully understands that each participant will be engaging in activities that could involve risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own or my minor child's actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known or not reasonably foreseeable at this time;
3. Assumes all the foregoing risks and accepts personal responsibility for the damages following injury, permanent disability or death;
4. Releases, waives, discharges and promises not to sue AVA, its affiliated clubs, their respective administrators, directors, agents, volunteers or employees, other participants, sponsoring agencies, sponsors, and advertisers, and if applicable, owners and lessors of premises used to conduct the event from demands, losses or damages on account of injury, including serious injury, permanent disability, or death, or damage to property, caused or alleged to be caused in whole or in part by the negligence of any such person or organization, or otherwise.
5. Members, please be aware that when you share photos, via digital image or otherwise, with AVA, such photos or images become the property of AVA and AVA, its legal representatives and assigns, retain the right and permission to publish any such photo or image in any written or electronic publication, including Checkpoint or TAW, on social media, websites or in audiovisual presentations, promotional literature, advertising or in any similar method.

The undersigned has read the above waiver and release, understands that I have given up substantial rights by signing it and sign it voluntarily. I further understand that if I place my name on the form upon which this waiver and release is printed, that I voluntarily agree that I understand that I have given up substantial rights.

Signature

Date

Printed Name