

itinerary

top picks for fun northwest happenings september/october 2014

Quinault Walking Festival

SEPT. 6-7
QUINULT RAIN FOREST

Four walks of varying lengths—led by Capitol Volkssport Club—highlight the beauty of the temperate rain forest around Lake Quinault. 360.533.4352. capitolvolkssportclub.org



A row of sports icons: bicycle, walking, running, wheelchair, swimming, AVA logo, wheelchair, running, bicycle, swimming, wheelchair.

AMERICAN VOLKSSPORT ASSOCIATION

Meritorious Service Award

presented to

Perki Sweet

Of the Capitol Volkssport Club, Olympia, WA for her excellent performance
Cultivating contacts and Promoting Volkssport Events
Through Publicity in various Media.

NWittenberg
Nancy Wittenberg
Director, Northwest Region

December 9, 2014

A row of sports icons: bicycle, walking, running, wheelchair, swimming, AVA logo, wheelchair, running, bicycle, swimming, wheelchair.