## Capital Volkssport Club Meeting January 12, 2016 Izzy's Classic Buffet, Olympia, WA

A brief board meeting was held at 5pm. Susan Berry had recently given the club a \$300 donation. Board members discussed buying flowers for Susan upcoming funeral and having a plaque made with her name for the bench at the farmer's market. It was suggested that board member terms be changed to 2 years rather than the current 1 year term. The 2 year term is currently used by both the ESVA and the AVA. All members were in favor as it gives board members more time to learn all the ins and outs of their position so they can serve as a mentor to new members coming in. Liz Morrison will check the current bylaws to see what needs to be completed before this can become voted in. Our membership chairman, Karen Younkins, wanted to let club members know that you can pay for more than 1 year of dues at a time. We broke at 5:30pm for dinner.

At 6:15pm the general membership meeting was called to order by President Liz Morrison. New members were introduced and welcomed. The December minutes were accepted as written. Liz then introduced our speaker, Greg, owner of South Sound Running. He talked about the types of shoes available for running and walking, including price & value, sizing and the different elements that make up a shoe. He also touched on inserts and the proper socks to use.

Following the presentation the membership voted to spend not more than \$200 for flowers for Susan Berry's funeral. A call was put out for someone to volunteer to take over Susan's walk box at the Lacey Safeway on Carpenter and Pacific. Val Lance will cover for us until a new box tender is named. Susan was also the area coordinator for the Capital Volkssport, Daffodil Valley Volkssport, Evergreen Wanderers and the Key Peninsula Volkssport clubs. We are asking for a volunteer to be the area coordinator. In addition, Susan was our representative to the ESVA. We need a volunteer to attend the 2 upcoming meetings and report back to the club. A new representative will be elected in June.

Tom Baltes was elected the new Deputy Regional Director and will be working with Nancy Wittenberg, our NW Regional Director.

The Westport walk has a new starting point - Shop and Kart, 108 S. Montesano St. Several walks were not included in the current Starting Point. The Lilac City Volkssport has sanctioned the Trail of the Coeur d'Alenes.

Upcoming events include walking the Nathan Chapman Trail with the Daffodil Valley Volkssport Club on January 30 and on February 6 the pre-superbowl walk in Portland starting at the Kennedy School. Seabreeze will be on February 18-20, 2017. It is not too early to start thinking about this event. Sign up sheets will be going out this week for volunteers to sign up. A \$100 deposit was authorized to secure the Lion's Club for this walking event.

New Business:

- It is time to start planning for Tuesday evening summer walks. A suggestion was made that we start up the walks in April and possible only do a 5k until the evenings get light enough for a 10k. It is hoped that we might encourage more new people to join in.
- 2. A new online start box system is being tried out in California. It has been proposed to expand to more regions or states after the trial period. This would be a great option for walks with a remote starting point. More information will be forthcoming.

The meeting was adjourned at 7:30.