



Hello fellow Volkssporters!

Exciting times are to be had here in Tumwater, Washington! Join us for our guided walk, **Thursday, October 5<sup>th</sup> 2017. Register by 9:50 a.m.** We will have both 5K and 10K guided walks. Along the way you will have the opportunity to enjoy watching the salmon run and listen to a short history on salmon hatchery operations by a Washington Department of Fish & Wildlife representative. We will walk around Capitol Lake to the Capitol and meet with a Capitol Building docent who will give us a short talk on the Capitol building!

### **Tumwater Falls Hatchery and Salmon Spawning:**

From late September through early October, you will have the unique opportunity to watch this amazing natural process. Watching the salmon migration is a fantastic and fun experience. Our walk will guide you along the most scenic parts of the Deschutes River where you will have numerous vantage points to watch salmon swim upstream! The local salmon, running through four local fish ladders, are primarily hatchery Chinook. At the last ladder, the fish are directed into a holding pond owned by Washington Department of Fish and Wildlife.

The fish accumulate in the holding ponds until they are processed, three times a week. Some fish are artificially spawned during the processing.

Some hatchery Chinook are let up the Deschutes River to spawn naturally and provide nutrient enhancement. Last year, over 500 hatchery Chinook were passed up stream into the Deschutes River. In addition, all the wild Coho (possessing an adipose fin) and other stray salmon are let go above the falls in the Deschutes River.



### **A short visit at the Capitol:**

Washington State's Legislative Building, completed in 1928 after six years of construction, serves as both a working governmental center and a symbol of Washington's free and democratic government. It is the centerpiece of the five historic buildings designed by New York architects Walter Wilder and Harry White. Conceived in the architectural competition of 1911 and selected by the State Capitol Commission, Wilder and White's designs for the Legislative Building were completed and set into motion in 1922.

The Washington State Capitol building exterior is primarily sandstone, quarried near Mt. Rainier at Wilkeson. The granite steps and foundation stones are from Index, north of Seattle.

### **Walk Start Point:**

**Tumwater Falls Park,  
110 Deschutes Way SW  
Tumwater, WA 98501**

**(On the corner of "C" Street  
and Deschutes Parkway)**

### **For more information on this walk:**

**visit our website:**

**[www.capitolvolkssportclub.org](http://www.capitolvolkssportclub.org)**

**Or Contact: Bill Spaulding  
253-414-8224**

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