Capital Volkssport Club Meeting

July 12, 2016

Izzy's Classic Buffet, Olympia, WA

ESVA Representative, Holly Spaulding called the meeting to order at 6:20. Holly turned the floor over to Karen Younkins who sent around sign up sheets for the yearly dues and for the Seabreeze dinner payments.

Holly welcomed members and announced the events and distance awards. The June minutes were accepted as written by the membership.

Holly asked if members had any interesting walks to share. Mert Turner and Norm Adams just completed a cross country trip and recommended the fairy walks in Ann Arbor, Michigan. John & Carolyn Warhol walked in Eastern Europe in several old Soviet block countries with Walking Adventures. Jeanne Allan and Pat Harmon walked in Horse Thief Lake State Park on the Columbia to see the famous petroglyph "She Who Watches."

Presidents Report:

- 1. The newly elected officers have been reported to the AVA and the ESVA.
- 2. The yearly club potluck will be Tuesday August 9 at the Tumwater Historical Park. Those wishing to help set up should be at the covered picnic area at 4pm. If you have extra extension cords or surge protectors we could use them to keep the food warm. Officers will provide the main dishes. Coffee, tea, water, plates, napkins and silverware will be provided. There will be a guided 5K walk leaving at 4:30. Karen Younkins has volunteered to stay with the food so others may walk. Dinner will be at 6:00. Sign up sheets for salads, side dishes and desserts were sent around.
- 3. The holiday potluck will be at the Jacob Smith House in Lacey again this year on December 13. Last year we donated hats, gloves and socks to the Community Youth Services. Be thinking of other groups we might wish to give to such as a homeless project or to foster children.
- 4. The Holiday walk event on December 10 still needs a volunteer to be trailmaster.
- 5. The next committee meeting for Seabreeze will be August 15 at 10am at Jim and Karen Younkins home at 711 Eastside St NE, Olympia. The Seabrook walk has been proofed. The new AVA Executive Director, Henry Rosales, has been invited to attend and speak at a round table on Saturday afternoon at Seabreeze. He works in San Antonio, Texas. Nancy Wittenberg has donated air mileage for his and his partner's flights. Bob and Sheila Morrison are willing to donate the use of one of their cars for their stay and points for a stay at a World Mark Hotel.
- 6. The Anderson Island guided walk is on for July 16. The parking fee at the ferry terminal has been raised to \$8.
- 7. August 23 has been chosen for the Ohanapecosh guided walk at Mt Rainier. It is a 2 hour drive and registration will be at the ranger station. Liz Morrison will have more information later.
- 8. August 25 will be 3 guided walks offered at Millersylvania State Park. One will be led by Bonnie Tucker. Linda Polzin and Val Lance have volunteered to be sweeps for the 5K walk. Bob Morrison will lead the fast walker group and Perki Sweet will be the sweep. August 25 is a free day at the

- state park. There will be construction delays on Tilley Road that day so it is suggested that you exit from the freeway south of the park to avoid delays.
- A motion was made, voted on and passed to pick up the Port Gamble walk in 2017 from the Kitsap Volkssport Club which is disbanding. Barb & Tom Malone have volunteered to be the point of contact and box tenders.
- 10. It was noted in the checkpoint that in the future you will be able to search out walks of 20K or longer. When you are sanctioning your walks be sure to let Julie Heath know if you have a walk that qualifies.
- 11. Sheila Morrison gave the treasurer's report. She also noted that she has club logo shirts, hats and backpacks available for sale.
- 12. Lesley Willardson will be taking over the job of ordering shirts, hats, backpacks, name tags and pins.

Upcoming walks:

- 1. Tomorrow, July 13, the Puyallup Valley Daffodils will be leaving at 9:45 on the Pt Defiance ferry to walk on Vashon Island.
- 2. July 20 we plan to meet at the train station in Centralia at 10am to walk with groups from Portland and other parts of Oregon, Vancouver and Puyallup.
- 3. August 6 & 7 there is a friendship walk at the Peace Arch Park at the border sponsored by the Surrey Trekkers from Canada and the Tulip Trekkers from Bellingham. You will need a passport or enhanced drivers license to walk in Canada. You will also need a Discover Pass to park at the Peace Arch.
- 4. September 16-17 is the NW Regional Conference in Boise, Idaho.
- 5. On October 1 join the Puyallup Valley Daffodils for a walk in Roy.

New Business:

- 1. A reminder to get your sanctioning information in to Julie Heath. All walks must be sanctioned before the deadline of August 31.
- 2. Henry Rosales is collecting photos and stories of positive personal narratives on how walking saved or changed your life. He also needs information on what the impact is of the services we provide for future grant writing.
- 3. The AVA is having a photo contest. Pictures must have been taken between June 30,2015 and August 31, 2016. Holly Spaulding has an email address for those interested.

The meeting was adjourned at 7:15.