

## **DINNER MENUS**

### **Friday, April 24, 2026 – Pizza and Salad Dinner**

There will be several different pizza choices: cheese, pepperoni, combo, Hawaiian, gluten free (on request)  
There will be green salad with 20+ choices of toppings.

**Please note: Alcohol is prohibited at this dinner.**

Time: 6:00 PM      Cost: \$15

#### **Location: At the Event Start Point**

WA Assoc. of Sheriffs and Police Chiefs  
3060 Willamette Dr NE Suite 200  
Lacey, WA 98516

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### **Saturday, April 25, 2026 – Restaurant Buffet Dinner**

Buffet includes these side dishes with your entrée:  
Fresh Fruit Salad, Citrus Rice Pilaf, Seasonal Fresh Vegetables, Yukon Butter Mashed Potatoes, Bread Rolls with Butter, and Dessert

#### **Your choice of 1 of the following entrées:**

Miso Glazed Grilled Salmon  
Pan-Seared Rosemary Chicken  
Flank Steak with Mushroom Demi Glaze  
Vegetable Pasta Cavatappi

**There is a no-host full bar at the restaurant, and alcohol is available to purchase with dinner.**

Time: 6:30 PM      Cost: \$37

#### **Location: River's Edge Restaurant**

(At Tumwater Valley Golf Club)  
4611 Tumwater Valley Dr  
Tumwater, WA 98512

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**Please register for either (or both) of these dinners on the event registration form:**

[https://capitolvolkssportclub.org/cvc\\_specialevents/2026/wild&woody 2026 se pix/w&w 2026 regform.pdf](https://capitolvolkssportclub.org/cvc_specialevents/2026/wild&woody 2026 se pix/w&w 2026 regform.pdf)

**Please list any dietary restrictions on the form!**

## **3 NEW WALKS FOR W&W 2026**

### **DuPont Sequalitchew Historical Walk**

The small town of DuPont is rich with history that has impacted the world. Learn about the history of this area beginning with Native American settlements and moving through British and early American settlement, the DuPont dynamite manufacturing plant and its role in providing explosives for the world, and the current Weyerhaeuser planned community. The walk winds through forested trails of DuPont making its way to a beach on Puget Sound.

**This will be one of the featured GROUP WALKS offered on Saturday, April 25, at 9:30 AM.**

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### **The Evergreen State College Walk**

The college opened in 1971, and it sits on about 1008 acres including 27 acres of south Puget Sound tidelands. The campus also contains a large tract of undeveloped land, much of it being second-growth evergreen forest. On this walk, you will pass the school's organic farm. Pets allowed on leash.

**Please note: There is a \$3.00 fee Monday-Friday to park in the school lots; weekends are free.**

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### **Tolmie State Park Hike**

A saltwater marsh, abundant wildlife, and bird-watching opportunities make Tolmie State Park a great destination. The walk lets you explore the forest and wetlands and then heads down to the rocky beach. You might even get to see (and hear) bald eagles, great blue herons and woodpeckers!

**Please note: Either a Washington State Parks Discover Pass (\$45 annual) or a One-Day Pass (\$10) is required to park in Tolmie State Park. Either Pass may be purchased at the park at an automated pay station. Dogs are required to be under physical control on an 8 ft. (or shorter) leash in all areas of the park including the beach.**

## [FULL LIST OF ALL WALKS FOR W&W 2026](#)

Please note: All 11 of these event walks are available on the AVA's Online Start Box (OSB) from Monday, April 20 to Friday, May 1, 2026.

You can also register for all of these walks at the Wild & Woodsy start point from Thursday, April 23 to Sunday, April 26, 2026. If you register using the OSB, you do not need to register the same walk again.

### **DuPont Sequelitchew Historical Walk (New!)**

#131883 Y3866

**Located in Dupont, WA** – approx. 8.4 miles northwest of the start point on I-5

**Rating: 2B Distance: 10km**

Restrooms: Yes	Pets: No
Strollers: Medium	Wheelchairs: Hard

### **Hawks Prairie Neighborhood Walk**

#130857 Y3770

**Located in Lacey, WA** – at the start point

**Rating: 1C (5km and 10 km) and 1A (5km)**

Restrooms: Yes	Pets: Yes
Strollers: Hard (1C)	Wheelchairs: Hard (1C)
Strollers: Yes (1A)	Wheelchairs: Yes (1A)

### **Millersylvania State Park Walk**

#130803 Y3768

**Located in Olympia, WA** – approx. 19 miles southeast of the start point

**Rating: 1B (5km) and 2B (10km)**

Restrooms: Yes	Pets: Yes
Strollers: Hard	Wheelchairs: No

### **Five Friendly Parks Walk**

#130801 Y3766

**Located in Lacey, WA** – 8.1 miles east of the start point

**Rating: 1B Distance: 5km and 11km**

Restrooms: Yes	Pets: Yes
Strollers: Medium	Wheelchairs: Hard

### **Here A Park, There A Park Walk**

#130802 Y3767

**Located in Lacey, WA** – 8.1 miles southeast of the start point

**Rating: 1A (6km) and 1B (11km)**

Restrooms: Yes	Pets: Yes
Strollers: Medium	Wheelchairs: Medium

### **Mima Falls Hike**

#131884 Y3867

**Located in Capital State Forest, WA** – 25 miles southeast of the start point

**Rating: 2C Distance: 7km and 10km**

Restrooms: Yes	Pets: Yes
Strollers: No	Wheelchairs: No

### **Pub Crawl Walk**

#131767 Y3852

**Located in Olympia, WA** – approx. 9.1 miles east of the start point

**Rating: 1A      Distance: 5km and 10km**

Restrooms: Yes                      Pets: No  
Strollers: Medium                      Wheelchairs: Hard

### **The Evergreen State College Walk (New!)**

#131838 Y3859

**Located in Olympia, WA** – approx. 14 miles east of the start point

**Rating: 2C      Distance: 7km and 10km**

Restrooms: Yes                      Pets: Yes  
Strollers: No                          Wheelchairs: No

### **Tumwater Falls Walk**

#131595 Y3818

**Located in Olympia, WA** – approx. 10 miles southeast of the start point

**Rating: 2B                      Distance: 5km and 10 km**

Restrooms: Yes                      Pets: Yes  
Strollers: Medium                      Wheelchairs: No

### **Squaxin Park Hike**

#130804 Y3769

**Located in Olympia, WA** – approx. 9.7 miles east of the start point

**Rating: 1B (5km) and 3C (10km)**

Restrooms: Yes                      Pets: Yes  
Strollers: No                          Wheelchairs: No

### **Tolmie State Park Hike (New!)**

#131885 Y3868

**Located in Olympia, WA** – approx. 5 miles north of the start point

**Rating: 2C      Distance: 5km and 9km**

Restrooms: Yes                      Pets: Yes  
Strollers: No                          Wheelchairs: No

### **Billy Frank Jr. Nisqually Wildlife Refuge** **sponsored by The Evergreen Wanders Club**

#130112 Y0838

**Located in Olympia, WA** – approx. 3.6 miles east of the start point

**Rating: 1B                      Distance: 5km and 10 km**

Restrooms: Yes                      Pets: No  
Strollers: Medium                      Wheelchairs: No

**This will be one of the featured GROUP WALKS.  
It will be offered on Sunday, April 26, at 9:30 AM.**